



PINAYMOOTANG FIRST NATION HEALTH PROGRAM

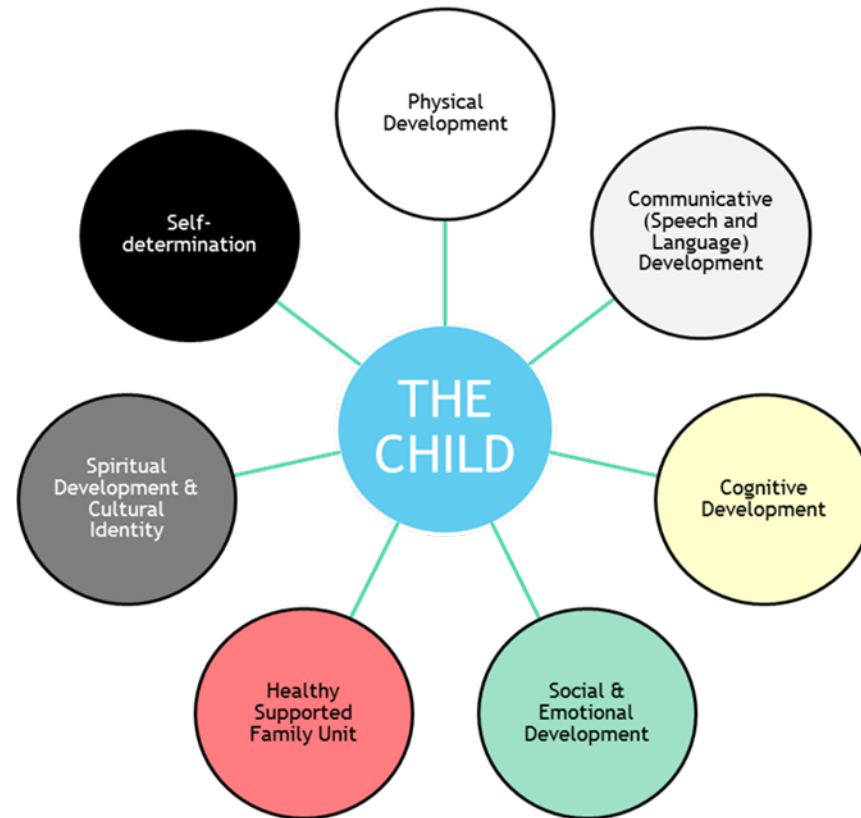
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NINIJAANIS NIDE PROGRAM

(My Child, My Heart)

Circle of Care for The Child



Circle of Care for The Family



Key Values of Service

- ▶ Children are best cared for at home and within families;
- ▶ Special needs of children and families have to be met as well as their basic needs;
- ▶ Parents know their child better than anyone else and must be treated respectfully;
- ▶ Professional supports must be coordinated and responsive to the needs of individual children and families;
- ▶ Identify risks to be managed in ways that provide safety and good quality of life to the child and family;
- ▶ Partnership working across disciplines and agencies is essential.

Phase 1: Establishing a Relationship

- ▶ The purpose of this phase is to meet with the child and parent; it is an opportunity for family to share their expertise about their child's strengths and challenges; what their child's preferences are; and spending time with the child to get to know them and establishing a "rapport".

Phase 2: Identification of Needs and Objectives

- ▶ In this phase, you have a clear idea of what parents want for their child.
- ▶ One to three objectives can be identified at any particular time with the involvement of the Child Development Worker (CDW).
- ▶ Benchmarks for goal attainment scaling are then identified.

Phase 3: Program Implementation

- ▶ The Child Development Worker implements the program based on the goals and objectives identified in Phase 2.
- ▶ There are 2 components to program implementation:
 - ▶ Basic Care and Support;
 - ▶ Goal-Oriented Work.

Phase 4: Generalization of Goals

- ▶ In this phase, the CDW works with the child, family and others to ensure objectives are generalized across different people, different settings using a variety of materials and tools.
- ▶ The CDW's support and coach the parents/caregivers and train any secondary caregiver.
- ▶ Services are provided in different environments (home or school) using a variety of resources.

Phase 5: Evaluation and continuing basic care support needs

- ▶ This phase is focused on providing support to parents and caregivers. The objective is to evaluate continuing basic care and support needs of those in the program (it involves face to face sessions and telephone supports).
- ▶ The following are evaluated:
 - ▶ Child-oriented goals;
 - ▶ Family-oriented goals; (stress and coping mechanisms);

Evaluation Process

- ▶ MPOC (20 item measure on the parents perception and satisfaction of the services provided for their child);
- ▶ PSI-SF (36 item measure tool that documents levels of stress - whether or not families are feeling supported);
- ▶ Social Support Index (17 item measure that taps into parents experience of their support networks both with and outside the family);

- ▶ Family Quality of Life (25 item measure that evaluates family quality of life, through 5 domains):
 - ▶ Family Interaction;
 - ▶ Parenting;
 - ▶ Emotional Well-Being;
 - ▶ Physical/Mental Well Being and;
 - ▶ Disability Related Supports.

Successes/Challenges

Successes	Challenges
Power to Parent- Training helped parents with coping and behaviours.	Initially encouraging families of children with special needs to partake in the program.
Socialization for children (Reading Club, ASL Training, Physical Activity Groups, Arts & Crafts, Summer programming)	Transition to Adulthood
Partnership Connections (St. Amant Centre, Rehabilitation Centre for Children, Dreams Take Flight, Community Networks) - OT, PT and SLP (increase in therapy services)	Continued learning cycle to develop capacity - need for more training.

Main Themes: Positive Aspects of the Program

Child

- Kids enjoy it
- Stimulation
- One-on-one support
- Receiving individualized, specialized support
- Socializing outside of family

Parent

- Parent program
- Connecting with other parents
- Being consulted
- Parents like it
- Informational needs met
- Feeling valued

General

- Facilitated opportunities
- Targeted to special needs families
- EA enjoys working with child
- Worker is helpful

Main themes: Positive Outcomes

Child

- - problematic behaviors
- + independence
- + socialization
- enjoyment
- achieving goals/seeing progress
- independent sleep

Parent

- + competency
- + connection with child
- - stress
- changed parenting behaviors
- feeling supported
- receiving funding
- respite

Overall Outcome of Jordan's Principle: Child First Initiative

- ▶ Increased services
- ▶ Increased Training and Supports
- ▶ Increased Networking
- ▶ Support within the continuum of care across jurisdictional lines
- ▶ Canadian Home Care Association, High Impact Practices
- ▶ McGill University Research Report "Honouring Jordan's Principle" launched in July 2017

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